### HOLMen MIDDLE SCHOOL June 2024 VIKING UPDATES

I hope you are having a great summer and enjoying some time outside when the weather is cooperating. It has been nice to enjoy a little time as things slowed down with the students enjoying summer, but the building project has kept things exciting at HMS. Although most of the work so far has been done inside, I am excited for the next few weeks when we will start seeing some major changes to the outside of the building.

As we end another school year I would like to take the time to congratulate all of our students on completing another year of school. It is amazing how fast the year goes. I wish our amazing 8th grade class good luck as they begin their High School career. They are ready and will make us all proud. I would also like to congratulate our new 7th and 8th graders at HMS as they move into the next grade level at HMS and become the leaders of our school. Having worked with them last year, I would say that HMS is in good hands. Finally, I would like to welcome our incoming 6th graders to HMS. We are excited to have you at HMS.

It is almost the beginning of July and we are planning for the 2024 - 2025 school year. At the beginning of July please look for an email from HMS that will outline details about HMS Registration for the 2023 - 2024 school year and information to complete before the registration days. Put it on you calendar now that registration will be on August 7 and 13, 2024 from 7:00 a.m. - 11:00 a.m. and 3:00 p.m. - 7:00 p.m. both days. Please note that registration will be set up differently this year due to the construction. More information will be coming soon.

Over the summer please contact us in the HMS office if you have questions. During the months of June, July and August the Main Office will be open Monday - Friday from 8:30 a.m. - 2:30 p.m. with temporary closures due to meetings out of the building and staff vacation. Please contact our office if you need our assistance and if these office hours do not work for you so that we can set up an appointment.

Once again, thank you for all you do to support HMS and your students. I am so proud to work at HMS with an amazing community, staff, students, and families. Looking forward to working with you again next year.

Have an Awesome Day and Be Kind! Ryan Vogler Holmen Middle School Principal



### HMS Information

Phone Number 608-526-3391

School Hours 7:35am - 2:40pm

Principal
Ryan Vogler
vogrya@holmen.k12.wi.us

Early Release 2nd Wednesday of every month Dismissal - 12:40pm

### ATTENDANCE REMINDERS

Attendance at school is essential to the successful completion of an education. Good communication from the school to the home and from the home to the school regarding absences is a major responsibility for the school and the home. Part of the school's mission is to teach students good work habits, which includes regular attendance.

All attendance matters (signing in or out, special leave requests, passes to leave school, reporting absences, etc.) are handled at the attendance desk. The attendance desk is located in the main office inside the Door D entrance.

- Please report all absences by 7:30 a.m. by calling the attendance line at 526-1369. If we do not hear from you, we will attempt to contact you to verify the absence. If no contact occurs, the absence will be considered unexcused.
- If your child needs to leave school during the school day: To avoid interruptions to the classroom we ask that you send a note with your student in the morning. They should bring the note to the attendance desk before school starts in the morning and we will issue them a pass to leave class. When it is time for them to leave, it is the student's responsibility to report to the attendance desk and wait for you to sign them out. Upon returning to school, the student is to sign in at the attendance desk to obtain a pass to return to class.
- If your child arrives late for school: Please send a note with your child or call (526-1369) so we can excuse him/her. Upon arrival he/she should report to the attendance desk to sign in and get a pass for class.
- Homework requests: If you wish to request homework, please leave that
  message when you call in your child's absence. Your child can also check his/her
  homework from their Chromebook.



#### Attendance: Jenny Eickhoff

Call:608-526-1369

Text: 608-492-1340

Email: eicjen@holmen.k12.wi.us

# s summer school JUIN 8-JUIN 25

- 8:10 8:25 a.m. → Arrival of students students report to the Cafeteria.
- 8:30 11:53 a.m. → Course/Class time
- 11:55 -12:00 p.m. → Students dismissed & Busses depart HMS

### Questions - Click HERE

→ Light breakfast/snack is included.



### **ACTIVITIES DEPARTMENT**



Get ready for the school year

#### **Primary Care Sports Physicals**

If your child plays a sport or will be attending college in the fall, make an appointment now. This summer, student athletes across southwest Wisconsin can receive sports screenings. We provide a comprehensive exam that includes updating immunizations and completing any required forms.

Available appointments at the following locations in June, July, August, September:

Arcadia Family Medicine
Caledonia Family Medicine
Holmen Family Medicine
La Crosse Family Health Clinic & Family Medicine
Onalaska Family Medicine
Onalaska Pediatric & Adolescent Medicine
Prairie Du Chien Family Medicine
Sparta Family Medicine
Tomah Family Medicine



Scan the QR code to self-schedule an appointment or use the Mayo Clinic App or call 608-392-5000.





## Sports physicals nights

Get ahead of the game...schedule today!

June 26, 5 to 8 p.m. – Family Medicine Residency Clinic, La Crosse July 16, 5 to 8 p.m. – Sports Medicine Clinic, Onalaska Aug. 1, 5 to 8 p.m. – Sports Medicine Clinic, Onalaska

By appointment only. Call (608) 775-6680.

Billable to insurance or \$30 cash pay option.\* Athletes under age 18 must be accompanied by a parent or have a signed parental consent.

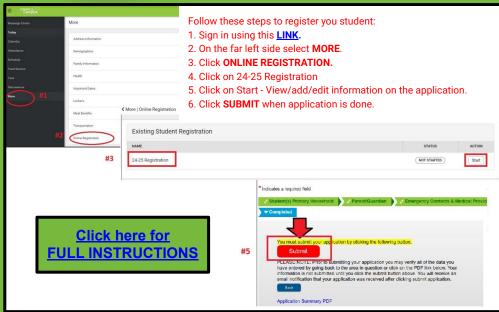
\*No other discounts apply.

Not intended to replace your annual wellness exam.

GUNDERSEN
HEALTH SYSTEM



## HAYOU COMPLETED THE AMUAL UPDATES!



#### **2024-2025 ENROLLMENT**

If you need **HELP**, have questions or find a broken link on this update, please email the District Registrar, Courtney Wilson, at wilcou@holmen.kl2.wi.us for assistance or call her directly at 608-526-6610 Ext. 1309.

Please make sure to **submit** your verified and completed application so that it is recorded in our system and can be processed for your student's **2024-2025 enrollment**.

## BACK TO SCHOOL

#### **REGISTRATION DATES:**

August 7th - 7:00-11:00 AM and 3:00-7:00 PM August 13th - 7:00-11:00 AM and 3:00-700 PM

#### **OPEN HOUSE:**

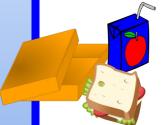
7th and 8th Grade - August 19th - 4:30-6:30PM 6th Grade and Encores - August 20th - 4:30-6:30 PM

2024-25 School Supply List

**HMS Parent Information** 

## SUMMER LUNCH

### For School Aged Children or Younger:



Every Monday, Wednesday and Friday at NOON

Start Date: June 10, 2024 End Date: August 16, 2024

#### Holmen Pick-up Locations:

Hidden Glen Apartments - 100 South Holmen Dr.

Kingsfield Estates Mobile Home Park - Corner of Commerce and Manchester Ln.

Creekside Mobile Home Park - Corner of Spring Ln and Redwood Ct.

Viking Park - 1602 Viking Ave.

Lunch Includes: Sandwich, Fruit, Granola Bar, Drink and Snack.

ZATHERADOS GOIGO

Over the past few days, Holmen Middle School 7th Graders have been harnessing their creativity and scientific minds, honing their crafting skills to build none other than... BOTTLE ROCKETS!

Today marked the grand culmination of their hard work as we celebrated the long-awaited launch day! The atmosphere was filled with anticipation and excitement as the students prepared to put their creations to the ultimate test.

Congratulations on successful launches 7th graders!







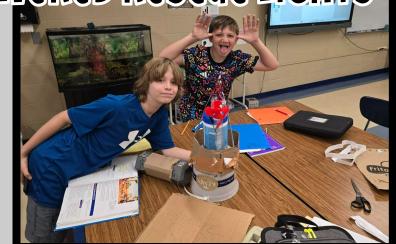


7th grade Science had to make solid structures with working solar and wind powered rescue lights. If their lights worked and the structures held up to the wind, they would be rescued from the island!











(incoming 6, 7, & 8 grade students new to band)

Monday, July 8 -- Thursday, July 25, HMS Band Room

#### 7 & 8 Grade Band

7th and 8th grade sectionals, marching band rehearsals, & color guard practice (incoming 7 & 8 grade returning band students)

Monday, July 29 -- Thursday, August 15, HMS Band Room

#### **Holmen Kornfest Parade**

7th and 8th grade Marching Band

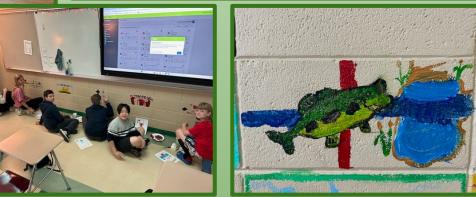
Saturday, August 17th at 11:00am

More detailed information will be provided closer to each event. If you have questions about these events, contact either Mrs. O'Donnell (odorac@holmen.k12.wi.us) or Ms. Andersen (andmar@holmen.k12.wi.us).

## 6TH GRADE SOCIAL STUDIES



Students in Mrs. Beckendorf's House S
Social Studies class are sending the 6th
grade area of the building out in style. This
month students learned about the Middle
Ages. They created their own Coat of
Arms and then painted them onto the walls
of Mrs. B's classroom as a fun farewell
to this part of the building.



## STUDent services

Summer breaks can be a lot of fun and very relaxing. However, sometimes there can be stressors over summer break. In order to prepare for a long break, we put together a short video and a Canvas Post for all HMS students 6-8 to review what we mean when we talk about a "crisis" situation and how to access resources in case they have a need for support over break. Additionally, we want all of our HMS families to have this information.

Just like we practice drills for potential emergencies, we frequently use the language of creating "If/Then" plans for difficult situations when students are in a calm emotional state, as this is when their thinking brain works best. In this respect, we repeatedly encourage students to think about safe and supportive adults in their life in various settings to reach out to if they have a problem. Educational staff are so glad to be a part of your student's support system and absolutely are here to support the whole child during the school day when we are in session, but we want to make sure they understand that they need different support outside of school, as HMS staff are not available during non-school times. We stressed how important it is that if any challenging situations arise over break, they reach out to one or more of their trusted non-school adults for help working through issues.

#### Information Shared With Students:

Help during a crisis: A crisis situation is when an individual is experiencing harm or the threat of harm from someone else, learns about harm or potential harm to someone else, or if they are feeling at risk for self-harm. We teach students that in a crisis situation, we want them to talk with somebody right away who can help. We want young people to have an actual verbal conversation with a trusted adult who can support them or access additional support, rather than relying on electronic communication. If students do not have a trusted adult available at the moment, there are a number of crisis resources available (included below). It is always okay to call 911 if someone needs help and doesn't know where else to turn. Dispatchers are able to guide young people to the next right step or can stay on the line while help is sent. Another important and easy number to remember is 988, which is the new number for the National Suicide Prevention Lifeline. If you need help connecting to additional resources for a wide range of concerns, 211 is a great place to start.

We hope that students do not have to access these resources over the break and that it's a very relaxing break. However, we always want to make sure young people are equipped with tools and resources to deal with life challenges.

## Happy Summer Vacation to all of our HMS Community from HMS Student Services!

Ms. Jen Dienger, School Counselor (Class of 2028/2031)
Ms. Erica Kohlmeyer, School Counselor (Class of 2029)
Mrs. Heather Retzlaff, School Counselor (Class of 2030)
Ms. Bobbi Jo Loomis, School Psychologist



#### **EMERGENCY MENTAL HEALTH RESOURCES:**

~ Emergency 911 or contact your local emergency room

~National Suicide Prevention Lifeline: 988

~ Great Rivers 211: Dial 2-1-1

~La Crosse County Mobile Crisis: 608-784-HELP (4357)

~NAMI (National Alliance on Mental Illness) <u>La Crosse/ Vernon County</u>:

Text "NAMI" to 741741 for 24/7 confidential, free crisis counseling

~The Trevor Project: 24/7/365 support for LGBTQIA+





#### SCHOOL DISTRICT OF HOLMEN

## NOW HIRING



#### **SUBSTITUTE** NUTRITION SERVICES COOK

WORK WHEN YOU'RE ASK FOR TIME OFF

FLEXIBLE EMPLOYMENT IN RETIREMENT OR WHILE THE KIDS ARE GREAT STARTING WAGE AT SCHOOL?

▼ OF \$15.00/HR

IN-HOUSE TRAINING FOR AND POST MEAL CLEAN-

ARE YOU LOOKING FOR

STOP BY THE DISTRICT OFFICE FOR A PAPER APPLICATION

FILL OUT THE WECAN APPLICATION ON OUR EMPLOYMENT PAGE TODAY

We are Hiring!!



#### School District of Holmen



Summer is the perfect time to think about joining our team and being prepared for the 24-25 school year. Our substitutes enjoy a flexible schedule due to working when you're able rather than each and every day!

**Sub Bus Driver \$21.00 Sub Van Driver** \$16.80 **Sub Custodian \$16.30 Sub Nutrition Cook** \$15.00

Stop by the District Office for assistance populating the application, or apply via WECAN today! Visit www.holmen.k12.wi.us and click the EMPLOYMENT tab to get started.

#### Holmen Middle School

Visit us at our website

Check us out on Facebook

#### Looking for things to do?

Checkout the <u>Virtual Backpack</u> where community events are listed.

Coulee <u>Parenting Connection</u> also lists things that are going on in our community.

Holmen Parks and Recreation offers many thing for kids, adults and families to do.

#### **Information**

**Phone Number** 608-526-3391

School Hours 7:35am - 2:40pm

Early Release
2nd Wednesday of every month
Dismissal - 12:40pm

Principal:

Ryan Vogler - vogrya@holmen.k12.wi.us

**Associate Principals:** 

Ben Tashner - tasben@holmen.k12.wi.us